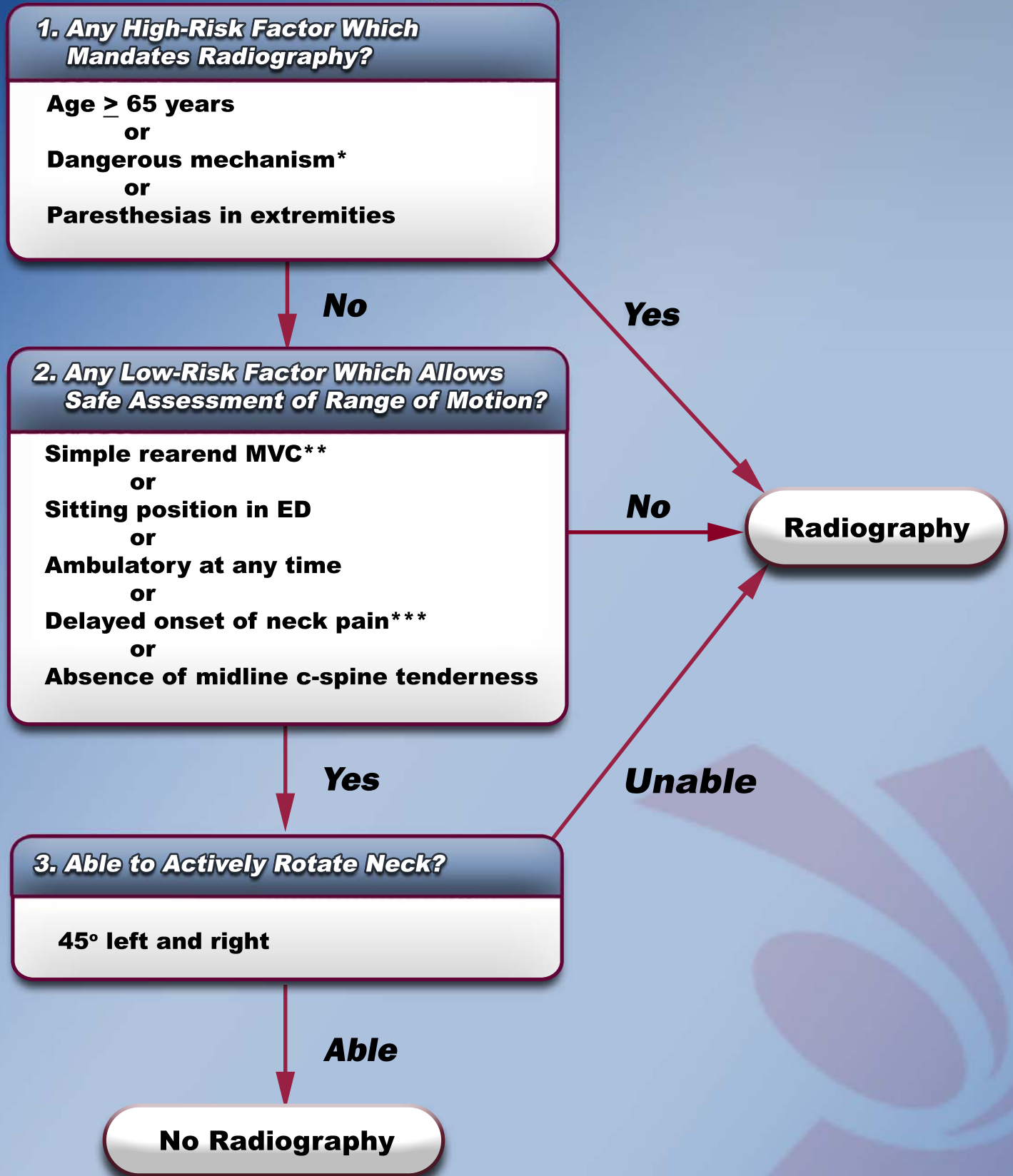


Canadian C-Spine Rule

For all alert (GCS =15) and stable trauma patients where cervical spine injury is a concern



*Dangerous Mechanism

- fall from elevation \geq 3 feet/5 stairs
- axial load to head, i.e. diving
- MVC high speed ($>$ 100 km/hr), rollover, ejection
- motorized recreational vehicles
- bicycle struck or collision

**Simple Rearend MVC Excludes

- pushed into oncoming traffic
- hit by bus/large truck
- rollover
- hit by high speed vehicle

***Delayed

- i.e. not immediate onset of neck pain

Stiell IG, Clement CM, McKnight RD, Brison R, Schull MJ, Rowe BH, Worthington JR, Eisenhauer MA, Cass, D, Greenberg G, MacPhail I, Dreyer J, Lee JS, Bandiera G, Reardon M, Holroyd B, Lesiuk H, Wells GA. The Canadian C-Spine Rule Versus the NEXUS Low-Risk Criteria in Patients with Trauma. *New Engl J Med* 2003;349:2510-2518.